

MISSOURIAN

Dec. 3, 1987

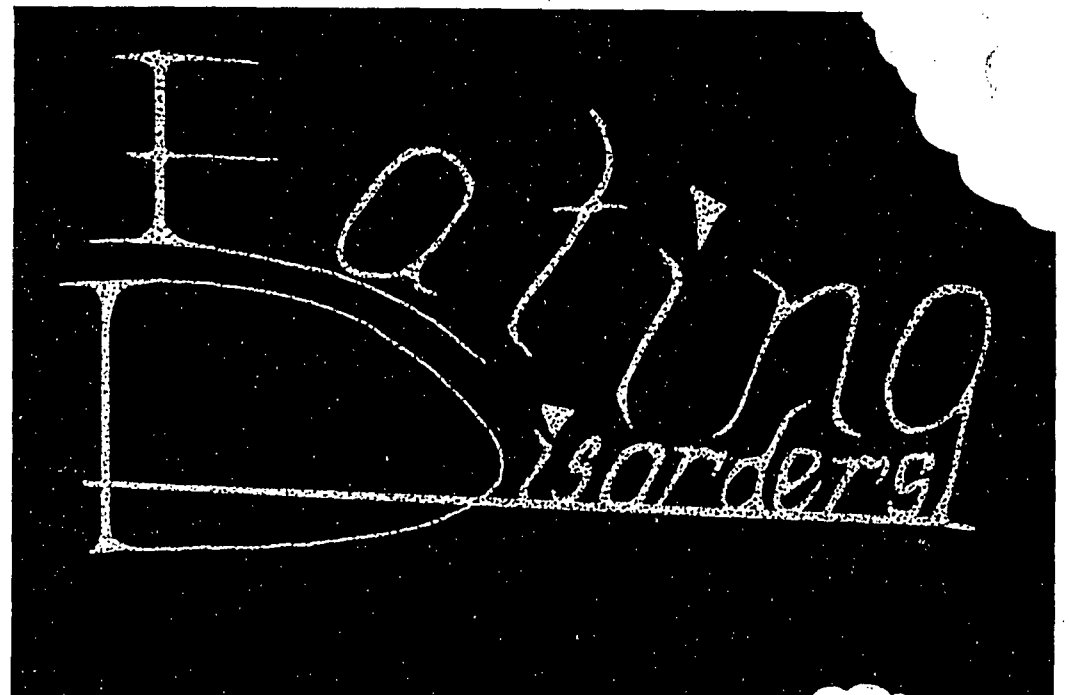
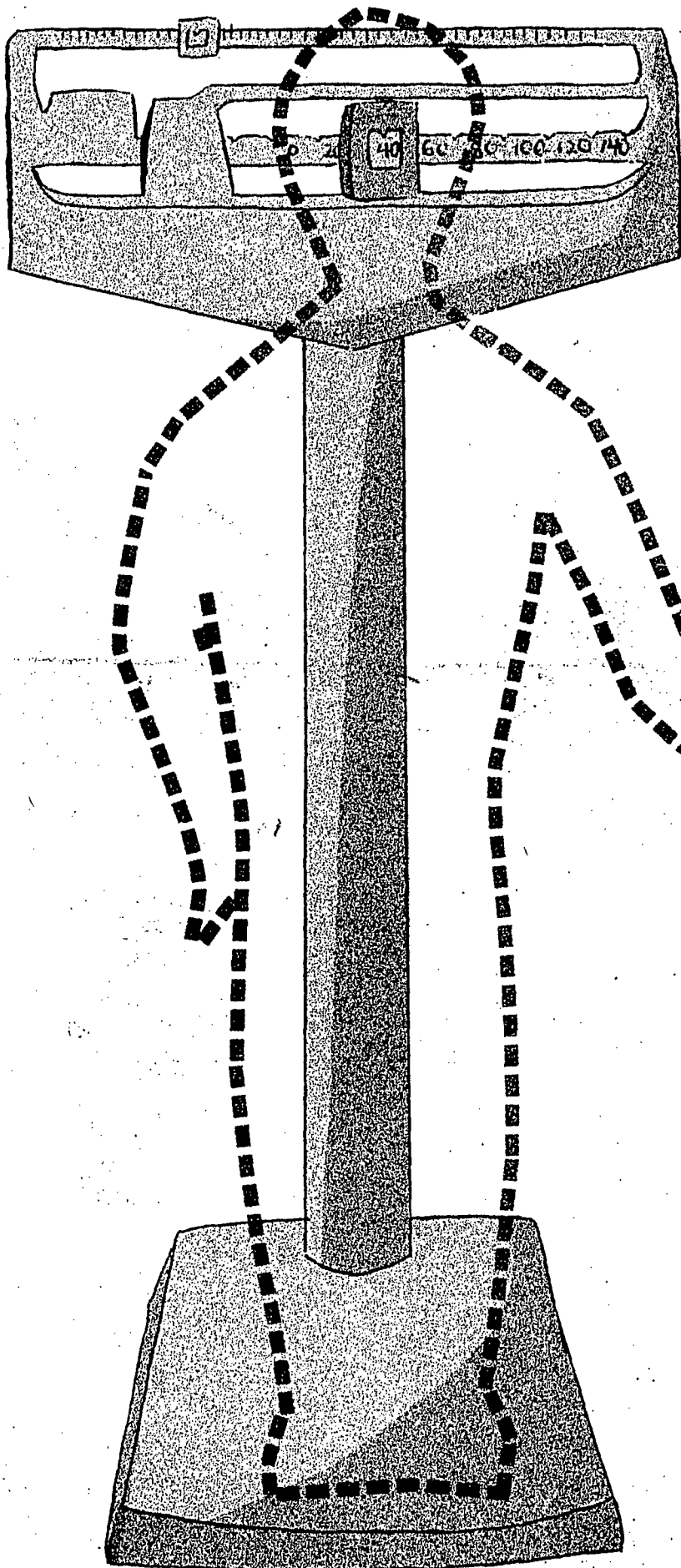
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FINAL ISSUE

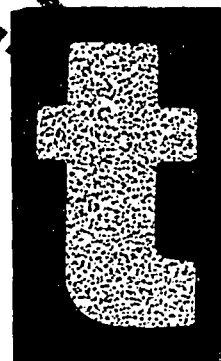
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Volume 61-Issue 12

Northwest Missouri State University



These problems today reach an epidemic level on campuses



Throughout the 1980's, eating disorders have become a condition unparalleled in medical history. Experts believe disorders such as anorexia nervosa and bulimia are reaching epidemic proportions.

Anorexia is a disease in which a person starves to lose weight. Bulimia is typified by a large food intake at one sitting, followed by vomiting or the taking of laxatives.

Anorexia is estimated to occur in more than one in every 100 teenage girls. Bulimia occurs at even higher rates—especially in college—where one out of five college women have bulimia.

Although females account for nine in ten cases of anorexia nervosa and bulimia, many men are victims of the disorders.

About ten percent of anorexics are male even though it is commonly thought of as a female disorder.

In one college survey, psychologist Craig Johnson, co-director of the Eating Disorders Program at Northwestern University, found that 13 percent of the respondents classified as bulimic were male.

Helen Wilks, the director of student health services at the same college says, "(Eating disorders are) a cult sweeping the country."

Occasionally, anorexia nervosa and bulimia symptoms are produced by brain tumors, lesions of the central nervous system or other physical or biological causes. Current biomedical research indicates that glandular malfunctioning, hormonal disorder, or biochemical imbalances in the brain may contribute to the development of the eating disorders.

While such medical causes can not be omitted, psychological and social factors are generally considered the leading causes.

Individuals with eating disorders frequently report feelings of failure and isolation. Many times their preoccupation with food and the associated behavior leads to real isolation and loneliness. The anorexic is so worried about eating anything that the victim will turn down dinner dates and refuse to do anything which may require eating.

Consequently, the victim stays at home, mad at the world because no one is his friend, and starves himself so he will be the best.

On the other hand, the bulimic will be less socially isolated but more secretive than the anorexic. The victims of bulimia will accept invitations to dinner

See pages 8-9

Northwest Missourian



Professor of chemistry Dr. Strong dies at age 94

BY NICK WILLIAMS
News Writer

Dr. J. Gordon Strong, a former professor of chemistry at Northwest, died Monday morning at St. Francis Hospital. He was 94.

Strong taught at Northwest from 1943 until he retired in 1964. He became Chairman of the Chemistry Department in 1943 and Chairman of the Division of Science and Mathematics in 1953.

The Garrett-Strong Science Building was dedicated in part to Strong's honor in 1968.

He worked on the Religious Emphasis Week Committee, "Ranking" Committee, Faculty Council, Committees in American Association of University

Professors, American Chemical Society, Missouri Historical Society, Maryville Men's Forum, Sigma Psi National Honorary Fraternity, was a Charter Member of the Maryville Kiwanis Club and past Lt. Governor of Missouri-Arkansas District of Kiwanis and an honorary member to Phi Sigma Epsilon Fraternity. He was also a member of the Presbyterian Church of Maryville until his death.

He was born Aug. 1, 1893 near Loda, Illinois. He married Nettie Belle Welch on Aug. 31, 1920, at New Con-

cord, Ohio.

Strong received a bachelor of science degree from Muskingham College, New Concord, Ohio, a masters of administration degree from Ohio State University and a Ph.D. from the University of Colorado.

Before moving to Northwest, Strong taught at Gordon Mission College, Rawal Pindi, India from 1916 to 1920. He also taught at Tarkio College, Tarkio from 1920 until 1943.

Burial will be at Home Cemetery, Tarkio.

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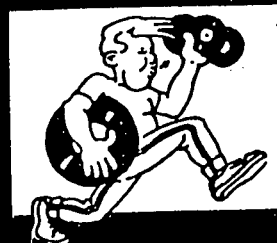
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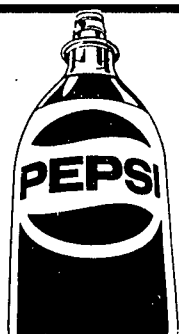
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Stroller

Stroller and partner find adventure

Happy Turkey Day! Don't you hate it when someone tells you that? Did you have a good break? What did you do over break? AHHHHHHH! I think I'll go crazy if someone else asks me what I did over break. I had a bad break...Everything I tried to do either backfired or sputtered out.

Please, for the sake of humanity, try to think up something a little more original than "Have a good break" before we are smothered in all the oncoming Christmas cheer.

Actually my break wasn't all that bad, even though I was subjected to staying in the 'Ville. Everything was going good until something inside me snapped. I had to get out of the 'Ville before my sanity was hurled into the eternal void of senseless boredom.

Little did I know that these impure thoughts I was envisioning would cause me so much mental pain and anguish over the next 48 hours.

One of my partners-in-crime and I decided that in the true spirit of the holiday season we should stick with tradition. What better way to conform with tradition than to roadtrip northward to a small community in southwest Iowa to party like pigs until the wee hours of the morning? A trip that would later be infamously dubbed, "The Roadtrip from Hell."

We escaped Maryville undetected, safe from the outstretched arms of every public safety officer in town. Nothing could stop us from becoming inebriated and, if our luck prevailed, finding some fine, young, don't let me forget to mention beautiful ladies who wouldn't mind putting up a couple of slightly sauced adventurers for the night. No such luck...

The first bar we invaded was definitely not for us. It was crazier than anything I had ever seen or even read about in books. Girls that weighed more than me and my snaky partner put together were wearing tight leather miniskirts. Sure, we like legs as much as the next guy but these girls looked similar to a package of sausage that had been squeezed out of its casing. Not a pretty sight.

If this weren't bad enough, I got into a very informative and entertaining chat with a stereotypical homespun type dude. In my severe drunken state, I only picked up part of the conversation, which I will try to relate to you.

SHTD: Hey there pardner. You must be new around these parts.

STROLLER: I'm just here visiting a friend and trying to score some women.

SHTD: Hey buddy, the only way youse gonna pick up any of these here fillies is if y'all tell 'em you're from out of town and you tell 'em you're some darn fine baseball players.

STROLLER: Baseball players? You're kidding! If I tell them I'm a good baseball player from out

of town I'll have a better chance?

SHTD: You darn tootin'! And you better be able to cut a rug with the best of 'em or I'm afraid you're outta luck boy. STROLLER (Thinking to myself): Boy?..Boy?..Who does this joker think he is? He can't talk intelligently, he looks like he just returned from the Australian outback, and besides all that he reeks like a case of Hamms that had been rotting in the sun for weeks.

Not being the violent type, I just shrugged him off and cruised back into the heart of the action with renewed interest.

I really hate to admit it but I tried the baseball line on a couple healthy specimens. I guess I just didn't have the rugged macho-baseball player image.

Just when I was about to drop back and punt, a gorgeous blonde with an enormous set of lungs walked over to our table and asked if anyone had a light. The only thought that kept racing through my head was, "Please dear God, let me have a match...anything!" If only I had my trusty flint and steel I would have made a fire; just like a true boy scout. It was my duty to God and my country to help this poor defenseless

woman.

After ransacking every article of clothing I had on in an attempt to find a light, I finally contended that I had no light and dejectedly sat back down in my chair. I watched as the "light of my life" walked away in an air-tight miniskirt in search of someone named Butch from the East Coast who could throw a split-fingered fastball 92 miles per hour with a wad of Levi Garrett in his mouth. Up came the white flag. We knew when we were beat. We chugged down the last of our swill and hit the trail. When we stepped outside, our jaws hit the ground. While we were inside becoming culturally educated, almost a foot of snow had hit the ground.

A foot of snow, six pitchers of beer and the idea of traveling back to Maryville at two in the morning didn't exactly have us doing cartwheels in the streets.

It somehow seemed a fitting end to "The Roadtrip from Hell" that five miles out of town our car's timing chain would break, leaving us stranded in the middle of nowhere. Quickly deciding we never wanted to go back to that town again, we hopped out of the car and proceeded to thumb our way back to the 'Ville.

Sometimes people are cruel. Here we are in the middle of nowhere when not once, not twice, but three times a car pulled off the road in front of us only to

take off right when we got there. I'm sure if we had been two voluptuous, scantily-clothed co-eds, we would have gotten a ride anywhere, and probably a steak dinner as well. Where's the justice in all this?

On our fourth try, an eerie looking Delta 88 stopped ahead of us. To our surprise this vehicle didn't take off when we approached it. So far so good. When we stepped up to the window, we saw what appeared to be the remains of a human female carcass. Scary stuff. It said with a raspy voice, "Do you need a ride, sonny?"

At this point I was too exhausted to argue the fact that I wasn't her sonny. So my cohort and I jumped into the car for yet another adventure.

I really felt bad for my partner in the back seat. The couple in back with him looked like they had just been taken out of a closet after having been there since the Civil War. We're talking old folks.

All the way home I was thinking how great it would be to be back in good ol' Maryville. The thought of being bored actually appealed to me. I'll take my vitamins, I'll say my prayers, I'll eat all my vegetables. I'll do anything...I just want to go home. With those last few thoughts, I dozed off. We finally returned to the 'Ville after 48 hours of mad-capped chaos on "The Roadtrip from Hell."

Well, until next semester...

MISSOURIAN

The Northwest Missourian is a laboratory newspaper produced by students in the University's Department of Mass Communications. The Missourian editorial board is solely responsible for its content.

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Northwest Missourian

Faculty members seek to form teachers' AAUP guild at Northwest

BY KIM SCHENK
News Assistant

With the increased emphasis on high academic excellence and academic freedom at Northwest, faculty members are taking a stand in the forming of a chapter of the American Association of University Professors.

AAUP is the only national organization exclusively representing the interests of all college and university faculty members. With a membership of over 12,000 nationally, the AAUP is represented on hundreds of campuses. AAUP serves members both locally and through lobbying efforts at the state and national level.

According to Dr. John Hopper, president of the Northwest chapter of AAUP 50 faculty members were present to

form the local chapter, 39 of which were senior tenured members.

The formation of the Northwest chapter was in response to widespread concern for meaningful faculty input into the current academic restructuring on campus.

"We are concerned that the administration does not pay attention to the regular routes of communication, if the president wants to know the opinion of the students there are regularly constituted channels (Student Senate, Faculty Senate) where he can receive meaningful input," Hopper said. "Appointed committees of three or four members have come and went with their slogans, but slogans are not programs that have been consulted ideas."

"The soul of the University is the classroom not with the administration

building, the administration is not looking for advice they are looking for applause from their slogans," Hopper said.

Traditionally, campuses with AAUP chapters were able to significantly improve both the quality of communication and raise the levels of academic expectations for students, faculty and administration alike.

"AAUP on other campuses has been a watchdog, we are not a union, rather a guild, we are concerned with the quality of education, our prime concern isn't money it is academic freedom, quality of education and making sure that we act like a university," Hopper said. "University and college both come from words that mean together, and that's what we want. We feel you (the stu-

dents) and we as a faculty have the right to be consulted in a meaningful way before action is taken."

The Northwest chapter hopes in the future to help the University by examining and suggesting new ideas in matters ranging from the current calendar controversy to curricular reform, promotion and tenure policies, academic freedom and the improvement of the students' academic program in general.

"There used to be an honors program, there used to be an eminent physicist on campus, there used to be a whole bunch of faculty who aren't here anymore, you can't substitute programs and faculty with slogans and computers, the heart of the University is what goes on in the classroom between qualified teachers and interested students," Hopper said.



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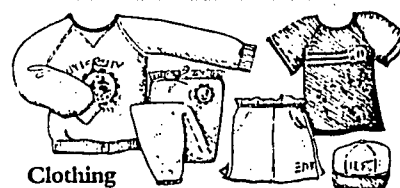


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Classes meeting for the first
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Date and hour of
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9:00 Tuesday..... Monday, December 14, 7:30 a.m.
11:00 Monday..... 10:00 a.m.
2:00 Monday..... 1:00 p.m.
9:00 Monday..... 3:30 p.m.
History 155..... 7:00 p.m.

3:00 Tuesday..... Tuesday, December 15, 7:30 a.m.
3:00 Monday..... 10:00 a.m.
Speech 102..... 1:00 p.m.
12:00 Monday..... 3:30 p.m.
Biology 102..... 7:00 p.m.

10:00 Monday..... Wednesday, December 16, 7:30 a.m.
8:00 Monday..... 10:00 a.m.
1:00 Monday..... 1:00 p.m.
1:00 Tuesday..... 3:30 p.m.
Government 102..... 7:00 p.m.

Computer Science 130..... Thursday, December 17, 7:30 a.m.
8:00 Tuesday..... 10:00 a.m.
4:00 Tuesday..... 1:00 p.m.
10:00 Tuesday..... 3:30 p.m.
Chemistry 113, 115, 117..... 7:00 p.m.

11:00 Tuesday..... Friday, December 18, 7:30 a.m.
12:00 Tuesday..... 10:00 a.m.
2:00 Tuesday..... 1:00 p.m.
4:00 Monday..... 3:30 p.m.

NIGHT CLASSES WILL TEST ON THE REGULARLY SCHEDULED
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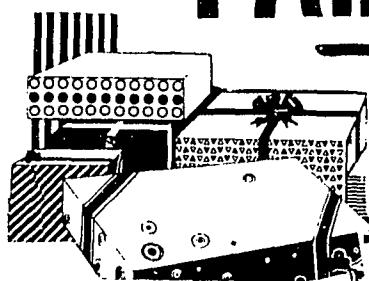
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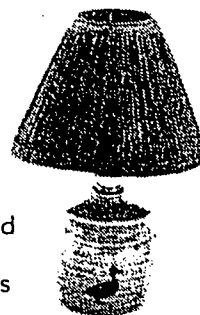


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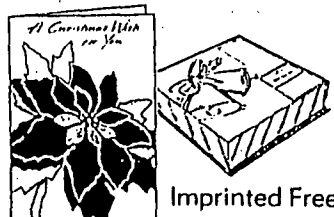
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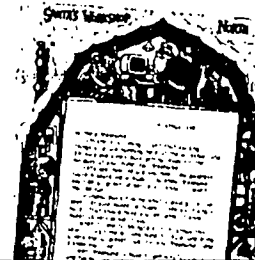
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Northwest Missourian

Former administrator announces plans to run for seventh term

BY NICK WILLIAMS
News Writer

Everett Brown, fifth district representative from Maryville to the Missouri General Assembly, said he will file in January for re-election.

Brown will run for re-election on the Democratic ticket.

If re-elected, he will be serving his seventh term in the Missouri General Assembly.

"The State of Missouri has been good to me over the years," Brown said last month when he announced his plans to run for re-election, "and I look forward to the opportunity to serve the people of the Fifth District for another term if that is their wish."

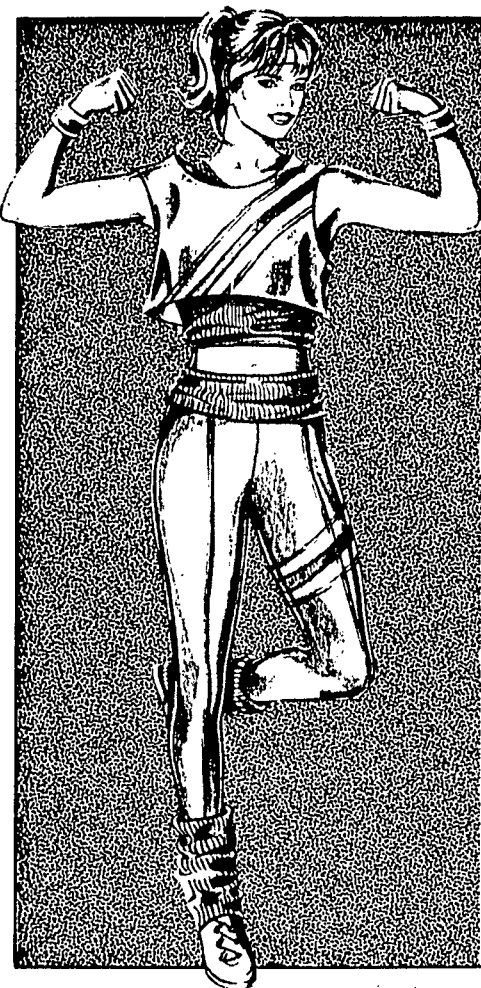
Brown played an important role in passing legislation to assist sheltered workshops and schools for the handicapped during the 1987 session of the Missouri General Assembly. This legislation increased the amount of money supplied for transportation and increased pay for employees of sheltered workshops.

While he has served in office, Brown has been honored by the Missouri State Osteopathic Physicians Association and by the Missouri Medical Association for legislative leadership. The State Department of Education also recognized his service to Missouri with the Pioneer in Education Award.

In the 1976 General Election, Brown was elected to the Missouri House of Representatives. During the past four two-year terms, Brown has served as chairman of the House Appropriations

Committee for Education and Transportation. The Budget, Interstate Cooperation and the State Parks, Recreation and Natural Resources are other House committees on which he serves.

The Board of Regents at Northwest acknowledged Brown's contributions to Northwest and to education by naming the Everett W. Brown Education Hall in his honor this past October.



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-Barbara Oates

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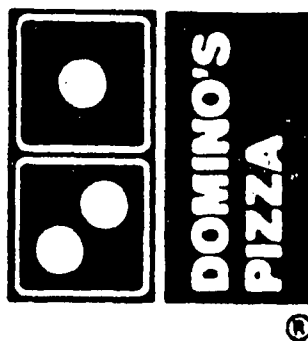
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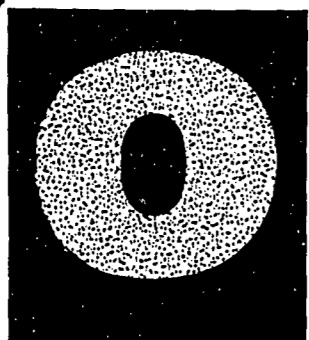




ANOREXIA

BULIMIA

Tragic modern-day disease: Society emphasizes 'exterior' beauty



It is easy for people to confuse the appearance of health with reality. Many people assume that if a person is thin they must also be in good condition. Unfortunately, this isn't always true. Some of those trim, healthy looking people are actually killing them-

ur society, through advertising, fashion and the media places heavy emphasis on looking great. Slim beautiful models and macho muscular men cover the pages of magazines and the television screen. Many times "looking good" does not mean that a person is in good shape, either mentally or physically. It may only mean that a person literally "looks good."

selves. The suicide isn't a normal one, and it isn't one where the person is here one day and gone the next. The suicide is long and drawn out. Many times the person knows what he is doing to his body, but he can not stop. This strange suicide may be anorexia nervosa or bulimia.

The eating disorders aren't new. However, colleges have alarmingly increasing incidents of the disorders occurring.

College campuses have become breeding houses for the psychological diseases. Too many times a person comes to college already a victim. By not having parents to hide the truth from, and much more privacy, the person's dangerous habit can flourish.

Too many times help isn't sought til it is too late. Hospitalization is needed. The disorders take a toll on the body. Hair quits growing, teeth erode, emaciation is obvious, and the reproductive system can be

damaged.

Deaths are becoming more common with the disease. A ruptured esophagus due to harsh binge/purging sessions, in which a person may vomit fifty times can cause death. A 16 year-old can die from a heart attack because the heart literally deteriorates from potassium deficiency.

The sufferers of these diseases know they have a problem. Too many times people with eating disorders don't get help. They either live the rest of their lives with their secret, or die trying.

Death really isn't worth "looking good."

If you have an eating disorder, or you know someone who does, get professional help. Many times the person will not be willing to seek help. If force is needed then it should be taken. Anorexia nervosa and bulimia are

psychological problems and extremely deadly. For further assistance, contact some of these organizations:

***St. Francis Hospital
Medical Center Complex
S 71 Highway
Maryville, MO 64468
(816) 562-2600 Ext. 6031**

***National Association of Anorexia
Nervosa and Associated
Disorders, Inc.
P.O. Box 271
Highland Park, IL 60035
(312) 831-3438**

Continued from page 1

Psychological and social factors contribute heavily to disorders

and just excuse themselves before each course to go to the restroom to vomit.

Both anorexics and bulimics tend to be shy, compliant, self critical over-achievers, with a poorly developed sense of identity. Many times they're very successful in school, but their low self-esteem will puzzle others.

For many anorexia and bulimia sufferers, their drive to achieve does not come from the satisfaction of accomplishment but from the overpowering fear that they may fail or be rejected.

One of the current causes of the eating disorders is society. Western society currently places great emphasis on being thin. Anorexia nervosa and bulimia seem to be a product of a culture that equates slimmness with goodness, especially in women.

"Society has a distorted view of thinness as an end in itself," says Bettie Hardy, associate director of the Mental Health Service at Southern Methodist University. "Everywhere one looks one sees thin, beautiful models with perfect bodies, hair, faces—supposedly perfect everything!"

Young people today strive for that perfection depicted in the media.

When Wellesley College surveyed 530 of its students it found that 80 percent wanted to lose weight and seven percent fasted regularly.

"Even students who are average weight or underweight," says Connie Bauman, the head athletic trainer at Wellesley, "want to lose weight."

Many times women with anorexia and bulimia tend to overestimate their body size. Usually, bulimics overestimate by a larger degree than do anorexics.

Many times anorexia and bulimia occurs when a diet gets out of hand. Anorexics, because of their strong will, keep losing weight although they are down to concentration camp thinness. The anorectic simply denies food.

The daily intake of an anorexic may consist of a dry, plain piece of toast for breakfast, half of a grapefruit for lunch, a slice of bologna for dinner and plenty of exercise to rid the body of the few calories they did ingest.

Persons with anorexia may exhibit a rapid loss of 25 percent or more of their body weight. Because of this extreme weight loss, hypothermia is a problem.

The low body fat reduces the body's ability to maintain heat. Many times anorexics will complain of being chilled because the heart rate and general metabolic activity slow down.

The anorexic develops unusual eating habits. Careful monitoring may be required to find out the exact amount of food that is being eaten by anorexia victims. Many times the anorexic will chew

their food and secretly spit it out in a napkin, or they may stretch out their eating time by taking tiny bites.

Too often, the anorexic will begin skipping meals and make excuses such as, "I'm not hungry right now," "I've already eaten," or "I'm going to eat at a friend's house."

Anorexia nervosa sufferers busy themselves with frequent weighing and mirror watching. Because of their tremendous distorted body image, anorexics never see themselves as too skinny. Even with sunken cheeks and eyes, protruding hip bones and ribs, and skeleton-like arms and legs, the sufferers see themselves as obese and gross.

The bulimic is the person that has a hard time sticking to their diet. They are always cheating on their diet with a hot fudge sundae or a large pizza. Since the bulimic doesn't have as strong a will as the anorectic, he or she must find a way to lose weight.

Consequently, they binge on whatever they want—some bulimics can consume up to 20,000 calories at one sitting (though 4,800 calories is average).

However, many bingers feel guilty and disgusted after downing so much so they vomit or take laxatives to get rid of the unwanted emotions and calories.

This purging re-establishes the binger's sense of control, which is what the bulimic is after—bodily control.

Unlike the anorexia nervosa patient, the bulimic won't have a rapid loss of weight. The bulimic will lose less weight but will exhibit dramatic weight fluctuations of ten pounds or more.

Bulimic bingeing episodes can be readily and easily detectable because large quantities of household food supplies are quickly diminished. Some bulimics may bake another cake after throwing the first one or some may have to rush to the grocery store before someone discovers the loaf of bread, can of peanut butter, jar of grape jelly and gallon of milk that are missing.

Furthermore, besides vomiting after bingeing, bulimics also take large quantities of laxatives, diuretics, and emetics. All of these are over-the-counter drugs that get rid of bodily wastes quickly, and because the bulimic takes more pills than necessary, any food that is to be used to keep the body going is also excreted.

If someone is suspected of having a disorder, the first step is visiting a physician for a check-up. Anorectics will usually resist going to see a doctor because they deny anything is wrong and are scared of what the doctor might do.

Bulimics may be more eager to make

the trip because they realize that they are sick and need help, but they are unable to get treatment by themselves.

In some cases, all that is needed is out-patient treatment. Many times though, hospitalization is required. Body dehydration and electrolyte imbalances (low potassium levels affect heart rhythm) that are frequently found in anorexia and bulimia patients require immediate hospitalization.

Results may include bodily functioning progressed to starvation levels, and hospitalization may be needed to bring the malnourished body back to marginally acceptable levels of functioning. In severe cases, hyperalimentation (intravenous feeding) or nasogastric procedures (tube feeding) may be necessary.

For some, the harm that vomiting, laxatives or diuretics did must be cared for. In any situation the harm that has been done to the body must be taken care of first before other treatment is considered or done.

Because anorexia and bulimia are mental disorders, help from a psychiatrist psychologist will be needed. Both are illnesses that start in a person's emotions and psyche.

A number of therapeutic strategies have been used successfully. The principal treatment approaches are behavior

modification and individual, family and group therapy.

Many treatment strategies will use some preliminary use of behavior modification techniques to reward normal eating habits and to discourage self-starvation, bingeing or purging. When using this approach to recovery, the patient is required to keep a diary of daily food intake.

Psychotherapeutic treatment with a victim of anorexia of bulimia can extend from a few months to a year or more. The therapy is geared to help patients correct their body image, to alleviate feelings of depression, guilt and anxiety, and to develop self-esteem, assertiveness, independence and confidence. The therapy will also help the family of the patient learn to deal with the syndrome and not be a contributing factor to the problem.

Unfortunately, treatment doesn't always work. A 15 to 20 percent mortality rate for victims of the eating disorders of anorexia nervosa and bulimia has been estimated.

Of the 80 percent who survive, it is said one-third remain chronically anorexic, checking in and out of hospitals. A second third walk a tightrope between relapse and recovery—borderline anorexic for the rest of their lives. The final third recovers completely.

Young woman finds herself trapped in bulimic nightmare



I am five foot eight and weigh 115 lbs. I'm not extremely underweight like those girls with anorexia. I look normal, but I have a tendency to lose control. My weight fluctuates five to ten pounds each week.

My boyfriend doesn't know I have a problem. He just thinks I worry about my weight too much, but there are a lot of girls that are constantly dieting. I don't think he would understand if he knew my secret—not many people would.

My mom found out about it once. She thinks I'm over it. She thinks I was just going through a phase. If she only knew the truth...

I guess I am the typical type of person to have an eating disorder. I have quite a few friends, and the funny thing is they think I'm in control. People are always telling me how much I have going for myself, and how lucky I am, and things like that.

I really think they are strange. When I look in the mirror I don't see anything. I don't see an intelligent, pretty young woman. Instead, I just see an average, plain face with a fat body.

I have always been a perfectionist. I hated to do things that I wasn't the best in. I want to be the best girlfriend—the prettiest, nicest—anything to please my boyfriend. Maybe that's how my disorder started. I didn't want to lose my boyfriend. I didn't want to become fat and ugly looking, so I became anorexic.

Instead of going to lunch with my friends I would tell them I had a lot of homework to do in the library. After school I would exercise for an hour and a half. Dinner was always the hard one—Mother was there.

I lied a lot of times and told her I wasn't hungry, but when she started not believing me I told her other lies like I was going to eat at a friend's house or that I'd get something later.

People began noticing my weight loss. This just encouraged my outrageous eating habits more.

I went down to 105 pounds. I wasn't skeletal looking—yet—in fact I loved how thin I was getting. My pants were baggy. The waist was huge and the rear wasn't tight. I went down a clothing size, and the only thing I could think of was to go down one more. If I looked good now, I'd look even better with a few more pounds shed.

Things didn't turn out the way I had planned. People began staring at me in horror. My boyfriend was threatening to break up with me if I didn't start gaining weight. My mom no longer accepted my lies. She forced me to eat. I had no other choice, so I began eating. My stomach had shrunk so much over the months that even a little food was too much. I had been so used to not eating that a hamburger made me feel sick, so I threw it up.

I plan out when I will eat a meal and how I will get rid of the calories.

Sometimes I will run and exercise for two hours just to get rid of the calories. I also have "special" places where I go to vomit. I know where to go if I want privacy.

Once a week I overdose on laxatives. I eat as much as I can that day, and when I wake up the next morning I get rid of it all. The laxatives make me sick to my stomach, dizzy, and I lose my energy, but they're worth the feeling of thinness that I get.

I know I need help, but I'm afraid to get any. I'm afraid people will laugh when I tell them how fat I am. They won't listen to me. They will just make me eat and get fatter. It's hard to stop. There are days when I tell myself I am going to become normal, but I just can't. I lose control and the disease takes over again. I don't know if I will ever get over this—I hope I will—I just don't know if I can.

The previous article is a true story about the life of one bulimic. The person wishes to remain anonymous.

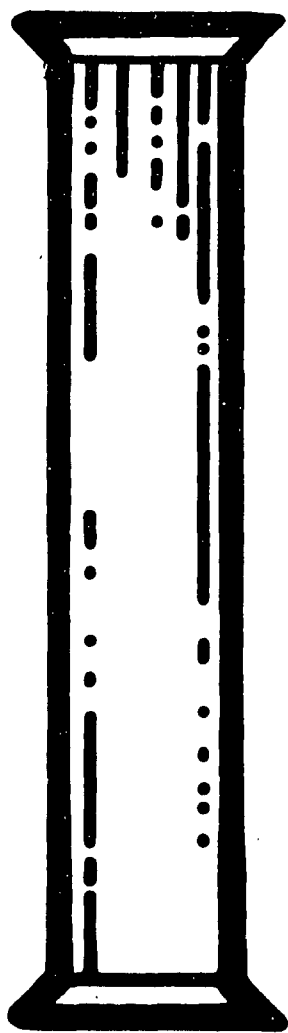
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Spring Rush '88

Schedule



Jan. 11-First Day of Rush

Fraternity Smokers

Jan. 19-Alpha Kappa Lambda

Jan. 20-Sigma Tau Gamma

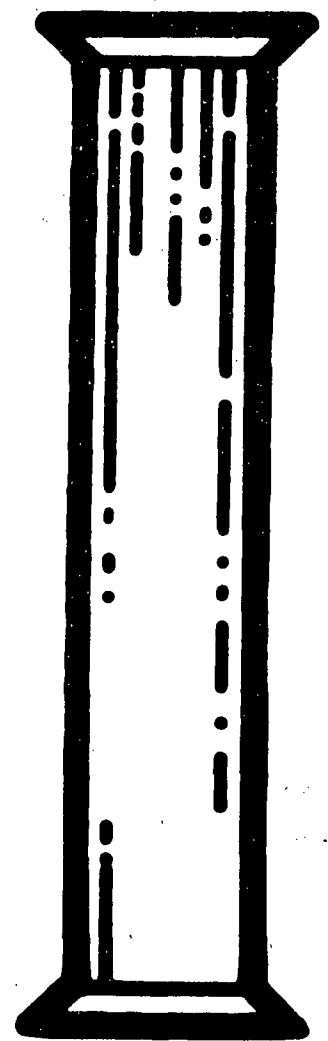
Jan. 21-Sigma Phi Epsilon

Jan. 25-Tau Kappa Epsilon

Jan. 26-Delta Chi

Jan 27-Delta Sigma Phi

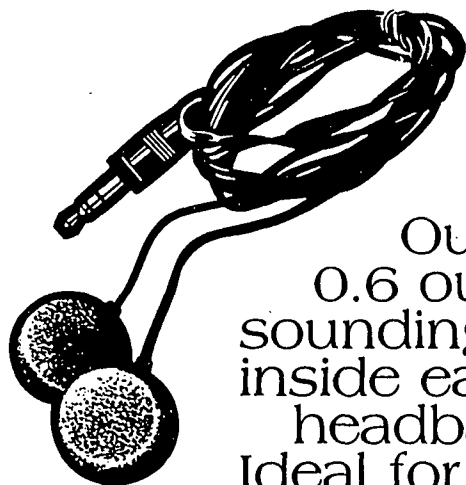
Jan. 28-Phi Sigma Kappa



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Roberta Hall Christmas party on
December 3rd. Everyone
welcome.

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ho, it's time for the ASPA
Christmas Party. It will be held
in Colden Hall, room 229 at 5
pm December 3rd.

PERSONALS

SUSAN,
What's up? Great eyes.

-Love,
Arnie

JO EHRHEAD,
Congrats on your big rock! I'm
really excited for you.

-Love,
Your Rosebud

TAU KAPPA EPSILON,
Thank you for a glorious
semester. We respect, appreci-
ate, and love you. See ya all
tonight!

-XOXOXO,
Daughters of Diana

NEW ALPHA KAPPA LAMBDA
ACTIVES,
You're so much fun to party
with. Even though we always
end up at "Terry's."

-Love ya,
Vegn

TO MY DOLLIES,
Rub a dub dub, I love you in the
tub.

-From,
Blue-eyed Bandit

GEEK,
I don't think I like you anymore.
You call me funny names and
get me too excited.

-???

LISA,
You asked for it and now here
it is, your very own personal
classified. I hope the rest of the
semester goes better than the
first part did. Good luck.

-B.

PT.,
I was kidding about the baggy
bruts. Just you wait, just you
wait!!! Maybe next time we'll
pull over.

-Love ya,
S.

W.G.B. THE THIRD,
I cried for an hour after we got
off the phone on Sunday. Maybe
next year we won't have to wor-
ry about that so much. Can't
wait.

-Love you,
Me

JEANNER,
I heard D.S. had a preference
for men, rather than women. I
probably shouldn't be writing
this. Other people read this
paper besides you and me.

-See ya,
Troj

HEY LITTLE PONI,
For Christmas we'll have to get
together and remember the old
days. Like when we skipped
Journalism to eat rolls at M&M
Bakery. Ha Ha Ha.

DUCKIE,
I don't even know why I'm writ-
ing you one of these. I never
really have anything to say.
How about, good luck in basket-
ball. I hear the cheerleaders are
going to the spa to shed a few
pounds for the season.

-Later,
Birdie

DEAD PUPPY,
Just thought I'd say Hi! By the
way, don't go into a singing
career!

-With sympathy,
The person you love to pick on.

DELTA SIGS,
Congratulations on activation.

-B., D., D., & L.

KJ,
Keep up the good work. You're
looking good!

-Love,
Frey

MOM & DAD,
Please send money. Fast.

-Signed,
Anonymous

BUCKY & JOHNNY,
Don't laugh. This is the last per-
sonal you'll ever get for the rest
of your lives.

-Signed,
That's no lie

Northwest Missourian

Fourteen women vie for Miss Northwest title

BY MICHELLE CAMPBELL
Features Editor

Local contestants will vie for the Miss Northwest title on Saturday, Dec. 5 at 7 p.m. in the Mary Linn Performing Arts Center.

The first contestant is Nikki Alger from Clarinda, Ia. She attends Northwest and is majoring in accounting. Alger will play the piano for the talent competition.

Pam Alloway is from Graham, Mo. and is a student at Northwest. She is majoring in physical education and hopes to work in the field of corporate fitness. She will perform a jazz dance for the talent competition.

Deanna Bardsley is also enrolled at Northwest with a major in family and environmental resources. Bardsley is from Neola, Ia and will play the piano during the pageant.

Melissa Biggs is from Liberty, Mo. and is a elementary education major at Northwest. She will be singing in the talent competition.

Elizabeth Grunden is from Quincy, Il. She is currently enrolled at Tarkio College and is majoring in dance performance. She will perform ballet en pointe for the talent competition.

Janet Kennedy is also enrolled at Tarkio College with a major in interior design and will sing for the talent competition. Kennedy is from House Springs, Mo.

Stephanie Long is a student at Northwest majoring in child psychology. Long is from St. Joseph, Mo. and will dance in the talent competition.

Tonda Moore is a student at Tarkio College. She is majoring in political-

social science. Moore is from Sidney, Ia. and will sing during the talent phase of the competition.

Melody Nuckolls is a senior at Tarkio High School. She plans to attend the University of Missouri-Kansas City or Missouri Western State College with a major in music education. Nuckolls will sing and provide her own accompaniment for talent.

Catherine Poynter is a senior at Maryville High School and plans to attend Northwest to pursue a degree in in-

terior decorating. Poynter will perform a baton-twirling routine for her talent.

Annie Smith is also a senior at Maryville High School. She plans to major in international marketing and fashion at the University of Missouri, Columbia. Smith's talent for the pageant is dance.

Dawn Tillman, a broadcast/business major, is from Shenandoah, Ia. Tillman attends Northwest and will sing during the pageant.

Laura Vasquez is from St. Louis, Mo.

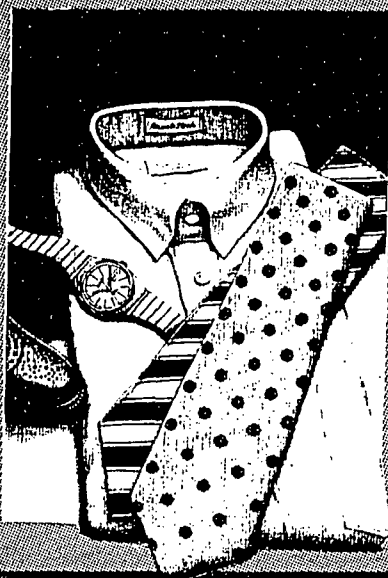
and attends Northwest with a major in political science and communication. She will perform a mime act for the talent competition.

Lisa Wolff currently attends Northwest and is majoring in fashion merchandising with a goal to become a professional model. Wolff's talent for the pageant is dance.

Admission is \$5 for adults and \$3 for students. Tickets are available at the Mary Linn Box Office, Maryville Chamber of Commerce and Easter's.

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Ballet and play performances brighten season

BY MICHELLE CAMPBELL
Features Editor

Culture is in the air this Christmas season as the world's most beloved ballet, "The Nutcracker" and the Department of Theatre's performance of the play, "The Mouse Who Didn't Believe in Santa" appear at Northwest.

"The Mouse Who Didn't Believe in Santa" will be performed by Alpha Psi Omega, Northwest's national dramatic honorary fraternity.

This play is based upon a story by Eugene Field and is a tale of wonderment and excitement. It features mice, a mean cat and even a visit from Santa.

Director of "The Mouse Who Didn't Believe in Santa," Lisa Smeltzer, said the play is along the same lines as the popular Christmas story, "Yes Virginia, There is a Santa Claus."

The title character is portrayed by Jill Erickson. Other cast members are Rick Stevens, Julie Reed, Amy Gilmore, Laura Fehr, Brian Norman, Jim Lovell

and Shawn Wake.

"The Nutcracker" is a fairy tale ballet about happiness and Christmas.

The story is based on a tale by E.T.A. Hoffmann, one of the greatest fantasy writers. Peter Tchaikovsky composed the music for the ballet and the "Nutcracker Suite (Opus 71A) is probably the most familiar ballet music in the world.

The plot begins on Christmas Eve and deals with the Silberhaus family. The daughter, Clara, receives a toy Nutcracker that her naughty brother breaks.

Clara is so sad that later that night, she slips downstairs to look for her poor Nutcracker. And unlike Cinderella whose magic ended at midnight, Clara finds that magical things begin to happen at the stroke of midnight.

Mice begin to run and chase Clara until she falls to the floor, exhausted.

Then, the Christmas tree begins to grow and grow until it fills the room. The toys under the tree come to life and, along with the Nutcracker, they battle with the mice and the horrible seven-headed Mouse King.

After the dreadful Mouse King is conquered, Clara and the Nutcracker (now a handsome prince) travel to the Forest of Christmas where they see the Snow Queen and the Snow Flakes dance.

In the marvelous Kingdom of the Sweets, ruled by the lovely Sugar Plum Fairy, Clara is the guest of honor at a grand party.

And in the final act of the play, the Sugar Plum Fairy dances with the Prince.

The Tulsa Ballet's production will also feature 30 Maryville children in selected roles. The children were selected from the community gymnastics and dance classes, directed by Joann Townsend and Nancy Bailey.

"The Mouse Who Didn't Believe in Santa" will be performed in the Charles Johnson Theatre at 7 p.m., Dec. 4-6. There is no admission charge but a donation will be accepted.

The Tulsa Ballet Theatre will perform "The Nutcracker" on Thursday, Dec. 10, in the Mary Linn Performing Arts Center at 8 p.m. Admission is \$6 for adults, \$5 for Northwest faculty and staff and \$4 for students.



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Harris shines in 'Cats' win

BY TROY APOSTOL
Sports Editor

Northwest guard Gerald Harris poured in 21 second half points in leading the Bearcats to an 80-73 victory over Missouri Western Monday night at Lamkin Gym. The victory moved the 'Cats record to 5-0 on the season.

After being silent in the first half, Harris came alive, becoming the 'Cats leading scorer for the night. Part of Harris's second half surge was due to a perfect eight for eight shooting spree from the free throw line.

Missouri Western could have taken lessons from Harris on free throw shooting. The Griffons sank only 12 of 28 free throws.

Forward Bob Sundell shined defensively by pulling down 13 defensive re-

bounds. The 'Cats were also aided by guard Louis Jones's 20 points.

"I thought at the start of the season that we had a chance to be 5-0, but we have so many new people that we might not have been," head coach Lionel Sinn said. "We are a long way from our potential, but we want to get better."

The 'Cats opened their season with a 105-77 victory over Westmar College on Nov. 20. The victory, in the opening round of the Ryland Milner Tournament at Northwest, enabled the 'Cats to advance on to the final round where they took the men's title with a 92-70 win over Baptist Christian on the next night.

Northwest's winning ways continued on Nov. 23 with a 71-58 victory over Tarkio College. The 'Cats then went to 4-0 with an 88-83 victory over Pittsburg State on Nov. 27.



As Northwest head coach Lionel Sinn sees it, the Bearcats' victory over the Missouri Western Griffons on Monday

was due not only to aggressive players, but also the fans. See related story on page 15. Photo by Ching Yep.

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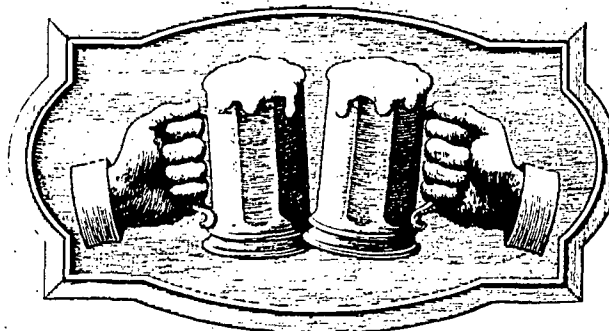
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Ballet and play performances brighten season

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Sinn voices appreciation for fan support

BY TROY APOSTOL
Sports Editor

Northwest Bearcat head basketball coach Lionel Sinn provided Northwest students with a challenge that few knew even existed. Before the Missouri Western game, Sinn challenged students to show school pride at Northwest's home games.

However, after Monday's 80-73 Bearcat defeat of Missouri Western, Sinn realized the challenge that he had not even made public had already been met

by Northwest's fans.

"The fans were definitely a part of the win," Sinn said following the game. "When we came back they exploded, we owe them a lot."

Sinn was pleased to see more fans dressed in green and waving white handkerchiefs.

Monday afternoon, Sinn voiced disapproval of the fan participation at Northwest games. However, after Monday's game, Sinn offered encouragement towards the type of crowd he saw at the game. Immediately following the game,

Sinn got on the public address system to thank the crowd for showing enthusiasm.

Sinn now offers a plea for Northwest fans to continue to show the enthusiasm and school pride exhibited by the packed-house crowd at Monday's game.

At Northwest's next home game, a 7:30 game against Morningside College on Dec. 12, Sinn wants to continue to see fans pumping what he calls "green blood in their veins."

For that matter, Sinn wants to see it for the rest of the season.

'Kittens down Griffon rivals

Facing their rivals from St. Joseph, the Bearkitten basketball team defeated Missouri Western Monday in an aggressive 75-55 game at Lamkin Gym. The win in the non-conference game advanced the 'Kittens record to 3-2.

Opening the game, senior forward Teresa Davis made the tip over Missouri Western's Lisa Hughes. However, Missouri Western gained control of the ball and scored first. The Lady Griffons quickly took control of the court, keeping the lead throughout the early parts of the first half.

But the 'Kittens began closing in on Missouri Western. Junior center Lori Schneider shot from the inside with help from forward Kim Zimmerman with seven minutes and 37 seconds left in the half. Schneider's shot from the inside tied the score at 22. The 'Kittens then took charge during the remainder of the first half and led at halftime by a 33-26 margin.

In the second half, Northwest kept a good hand, not letting Missouri Western get any closer than eight points to the lead. The 'Kittens kept the lead until time ran out.

Schneider led the team with seven rebounds. Janet Clark led the 'Kittens in scoring with 21 points.

The road to a 3-2 record began in the Ryland Milner tournament on Nov. 20-21., which Northwest won after beating Westmar College and Baptist Christian. The 'Kittens were then beat by Pittsburg State and Washburn University last weekend.



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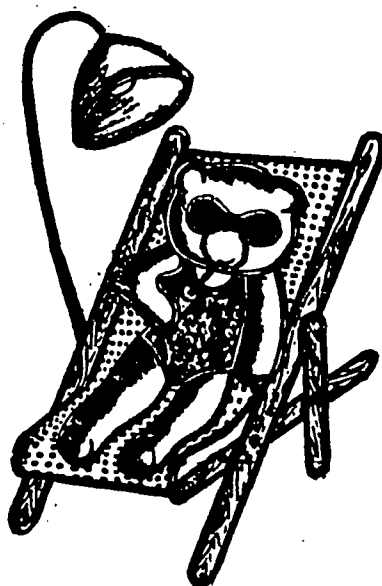
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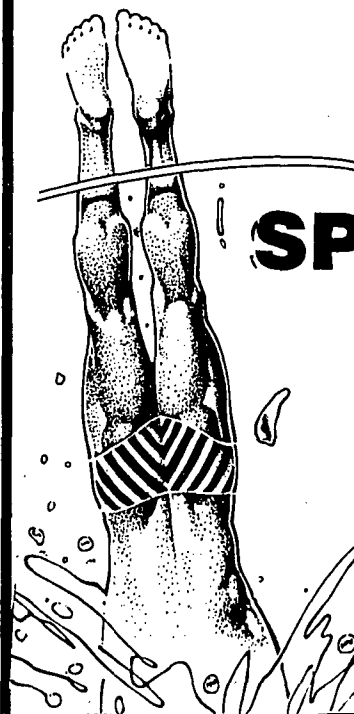
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